



WATER POLO RULES & REGULATIONS FOR 2024

WATER POLO RULES:

1. 5 Players per team, 2 substitutes
2. 3 men & 2 Women in water at all times/ 3 women & 2 men.
3. Rolling substitution is permitted
4. 10 minutes per half. 5 minutes halftime.
5. Game to played along the width of the pool in the shallow end
6. All teams will play with each other only once.
Win: 4 Points
Draw: 2 Points each
Loss: 1 point
7. When a player has the ball, they can only throw it wit 1 hand and should not be stepping on the floor of the pool.
8. The games will be played on the width of the pool, shallow end.

CONVENOR: FALGUN BHOJAK

An Event with Less than three (3) communities shall be cancelled. Subject to change without notice. Age As at 5th OF NOVEMBER 2024. For more information Contact your community representative.